



Policies and Procedures

It is important that both the client and therapist have a clear understanding of the massage therapy policies and procedures. **Amethyst Massage** holds the following policies and procedures to a very high standard.

Appointments

Scheduling Policy

All massage appointments are by appointment only. Please call/text to schedule your appointment.

Cancellation Policy

Our time together is important; however, I do understand that emergencies happen. Please be courteous and allow 24 hours advance notice if you need to cancel your appointment. If you continuously cancel appointments, or fail to show up for your appointment, you risk being scheduled for future appointments.

Lateness Policy

I request that you arrive 10-15 minutes prior to your appointment. Your first appointment requires that you fill out forms to determine your treatment goals. Arriving early to your appointment ensures time for you to use the restroom and update me on any changes to your health. If you arrive late to your appointment, I cannot guarantee you will receive the full time of your service. The time left will be used to its best advantage, and you will be required to pay full price.

Payment Policy

Payment

All money must be paid in full on the day of your appointment. Acceptable forms of payment include cash, Credit Card, check or Venmo.

Returned Checks

A returned check is a costly and time-consuming process. Please use another acceptable form of payment if there is uncertainty about available funds. An additional \$35 fee will be charged to the client in the event of a returned check.

Health History and Hygiene

It is the responsibility of the client to inform the massage therapist of any current medical treatment and/or any changes in health conditions.

Should the massage therapist or the client contract a contagious disease (cold, flu, etc.) that could be spread during the massage session, each will inform the other. The decision to reschedule will be handled on a case-by-case manner.



The client will arrive for their massage appointment clean. The client will inform the massage therapist of any breaks in the skin, and these areas will be avoided. Should the massage therapist have any breaks in their skin, they will be covered with protective coverings.

Boundaries

Amethyst Massage offers a safe, nurturing, nonjudgmental, nonsexual touch.

Respect for client boundaries is of the utmost importance.

The client may choose to leave on as much clothing as needed for comfort, although in doing so, let it be known that certain techniques may not be possible. The client will be moderately draped at all times, only the area receiving massage will be undraped.

The breast and genital areas will not be massaged under any circumstance. Consent to work close to these areas will be necessary.

Sexual interaction or discussion of any kind is NEVER appropriate and will not be tolerated. Requests for sexual activity will result in termination of the session and be reported to the proper authorities.

Feedback about the therapy is valued. If you enjoy a technique, or if you find something uncomfortable, please let it be known immediately so that proper adjustments can be made.

Confidentiality and Conversation

All information shared, and discussions between massage therapist and client, is confidential and will not be shared without the client's written consent.

The client may or may not choose to talk during the massage. Topics that are political, religious, or sexual in nature are not preferred, as they can interfere with what the therapy is designed to do.

General Policies

Children, under the age of 18 will not be scheduled for massage. It is best that clients with small children arrange care for their children so that they can enjoy the quiet time and relaxation during their session. **Amethyst Massage** will not be responsible for the care or supervision of children while a parent is receiving massage.

Please silence your cell phone during your session. Limiting interruptions allows for more focused relaxation.